

COVINGTON WOODS SWIM TEAM

Registration Packet - 2010

Website: CWstingrays.com

Coaches:

Head Coach, Brian Tucker	raycoach2009@yahoo.com	832-971-4820 (cell)
Assistant Coach, Jerome Muniz	Jerome.Muniz@fortbend.k12.tx.us	361-765-1422
Assistant Coach, Madison Kauffman	CoachMadi@gmail.com	281-691-3006
Assistant Coach, Jessica Klipper	Klippera91@yahoo.com	713-298-8647

CWST Board:

President	Alisa Calabrese	281-242-6052
Vice-President	Michele Boehm	281-242-7237
Secretary	Autumn Dubroc	281-989-8670
Treasurer	Jim Norris	281-242-9883
Meet Director	Larry Barrios	281-491-4342
Asst Meet Director	Vern Weinkam	281-242-4802
Volunteer Coordinator	Kim Jones	281-313-4494

Committee Chairs:

Banquet: Traci Love	Team Parents: Lynette McMillan
Concessions: Candy Mattick	Timers: Sharon Niko
Stingray Shop: Lorre Kauffman	Webmaster: Steve Calabrese
Swim-A-Thon: Jennifer and Russel Fuchs	

PRACTICE SCHEDULES

*** Please come to your scheduled practice time only unless pre-scheduled with the head coach ***

After School May 3-June 2

6/Under (swimmers)	3:45-4:30
Hope Team	4:30-5:00
7/8	4:45-5:30
9/10	5:15-6:00
11/12	5:45-6:30
13/Up	6:15-7:00

Summer June 7 - July 16 (M,W,Th,F)

Open practice (7/Up)	6:15-7:00 am
11/Up	6:45-7:45 am
7/8	7:30-8:30 am
9/10	8:15-9:15 am
6/Under	9:00-9:45 am
11/Up	9:30-10:30 am
Drill Session (Mon & Thurs)	10:30-11:00 am
Private Lessons	10:30-12:00 pm

Other Dates of Note

April 17 – Registration @ the Sugar Mill Elementary Sparkler Fair (11 – 2 pm)
April 22 – Registration @ the CW Clubhouse (6 – 9 pm)
May 1 – Registration @ the CW Pool (9 – 12 pm) & **Lane Four will be there selling suits!**
May 11 – Individual Pictures
May 12 – Individual Pictures & Team Picture at 5 pm & **Lane Four will sell suits from 3:30 to 5:00 pm!**
May 27 Time Trials (5 – 9 pm)
June 3 Swim-a-thon (5 – 9 pm) – Note there will be no practices on Fri. June 4th following swimathon!
Meets June 7, 14, 21, 28, (July 5 – “By” week for July 4th holiday) and July 12
July 15 Prelims
July 17 Finals / Pool Party
July 18 Banquet
July 19 All Stars

Team Website and Webmail System:

Our team website (CWstingrays.com) and our webmail system are our best methods of communicating with our swimmers and their families. Our website has information about our sponsors, a map to our pool location, meet and practice schedules, meet results and times, forms and contact information. Please make special note of the team's general policies (see the Policies tab) as well as information on what to expect at the meets, criteria for making the team, the Hope Team, our Junior Coaches program, and relay and lineup rationale (see the Coach's Corner tab).

*****If you have never registered for team webmails or if your contact information has changed from last year, go to the website and select the Contact Us tab.***** At the bottom of the page you can input your first and last names and your email address to be added to the webmail distribution list. If you are updating your information from last year, please include this in the Comments section. Please check the website and your webmails regularly for updates on practices, meets, swim times, and other important information.

Fundraising: How to help our team

Swim-a-thon is the only fundraising activity the team does to raise additional funds for coaches' salaries, equipment, trophies, etc. Each swimmer is encouraged to raise a minimum amount to support the team and will receive a prize for doing so. There are several prize levels which will be explained on the Swim-a-thon pledge sheets. Grand prizes will be given to the top fundraisers. Any swimmer who swims 100 laps and turns in their money on time will be recognized.

Registration Requirements

The following documents are required of all Covington Woods Swim Team registrants and can be found at our team website under the Forms tab:

1. CWST Team Registration Form (one per family)
2. 2010 SHRSL Registration Form (one per swimmer)
3. Volunteer Signup Form (one per family)
4. Contract of Expectations* (one per swimmer)

*The Contract of Expectations documents each swimmer's understanding of the team's expectations of them and the swimmer's promise to meet those expectations in order to remain on the team.

Please print and complete all of these forms from the website and bring them to any scheduled registration or to any board member, along with a check for registration fees made payable to CWST.